



Quick Link Resource

Below you will find a list of related links that will help you with guiding your employee through the proper steps needed to assist them with their pregnancy, childbirth, postpartum and related medical condition(s).

Links for Pregnancy, Accommodations, and Parental Leave

- ☐ UPS Policy: [Pregnancy and Maternal Accommodations Policy](#)
- ☐ To request an accommodation related to pregnancy and/or postpartum, follow this link: [Light Duty for Pregnancy and Postpartum \(LDPP\)](#)
- ☐ Contact [The Hartford](#) as leave administrator for non-union employees & [TeamCare](#) for union employees
- ☐ Detailed [Parental Leave Guidelines for non-union employees](#)
- ☐ Detailed [Parental Leave Guidelines for union employees](#)

Return to Work

- ☐ UPS offers accommodations for lactation needs. A completed [Lactation Form](#) is forwarded to local UPS management to assist in setting up an appropriate location for lactation needs.
- ☐ UPS Technical Support at 888-UPS-TECH (888-877-8324) is to be contacted to reconnect devices to UPS network.

More information on the employee requested leave and accommodations:

- ☐ [Understanding Leave Options](#)
- ☐ [Parental Leave Guidelines](#)
- ☐ [ADA Accommodations](#)
- ☐ [Disability \(short- and long-term\)](#)
- ☐ [Family Medical Leave Act \(FMLA\)](#)
- ☐ [Personal Leave of Absence](#)
- ☐ [Leave and Return to Work Checklist](#)
- ☐ [UPS Global Leave of Absence Policy](#)

Additional Resources

- ☐ [Benefits Resource Center](#)
- ☐ [Resources for Living](#)
- ☐ [Hartford Manager User Guide](#)
- ☐ [FMLA FAQ](#)